



# **RETURN TO ARCHERY IN A COVID-SAFE ENVIRONMENT**

**WESTON VALLEY ARCHERY CLUB**

**September 2021**

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## 1: OVERVIEW

This document outlines the considerations Weston Valley Archery Club has taken to 'return to play' in a manner that is safe for its members and the ACT community, as outlined by ACT Health, Archery ACT and Archery Australia. Complying with ACT Health advice remains the fundamental requirement and this takes precedence over this plan. In light of the rapidly changing environment, this document will be reviewed regularly and updated where necessary, to ensure the latest advice is appropriately captured and conveyed to our community.

## 2: SUMMARY OF GUIDANCE TO MEMBERS

- You must check in using the 'check in CBR' application.
- You are required to wear a mask at all times, as per ACT Health directions.
  - Masks can be removed for the act of shooting, but should be worn while not on the shooting line.
- You should practice safe hygiene and use cleaning supplies as appropriate
- You are permitted to shoot for a maximum of 2 hours a day.
- You can shoot in groups of up to five people but this is restricted to members of your household, to ensure exposure to other members is limited.
- Arrows should be pulled by only one archer at a time.
- Groups on the target range should be separated by at least 2 lanes.
- Members are to maintain social distancing, i.e. 1 person per 4 square metres.
- Members may leave their region to attend their archery club, however members are encouraged to only shoot at one club, if they are members of multiple clubs.
- If you are feeling unwell, or have been to a COVID contact site, you must not attend an Archery club, as per ACT Health directions.
- If you are diagnosed with COVID-19 and have been to an archery club, please notify the relevant point of contact as soon as possible, in addition to following any ACT Health directions.
  - Mark Newnham is the nominated point of contact and can be contacted on 0429815315, or at [archerywvac@gmail.com](mailto:archerywvac@gmail.com)
- Members who reside in NSW are to obey NSW health orders.

### 3: SUMMARY OF GUIDELINES TO AACT CLUBS

Guidelines as of 17 September 2021

- Each club must have a 'Return to Sport - COVID Safety Plan' readily available to their members and Archery ACT. The Plan must include a point of contact (POC), who will be responsible for coordinating an incident response.
- Clubs must notify AACT of a COVID incident as soon as possible.
- Clubs must ensure their members are aware of any changes in restrictions.
- Outdoor recreational club activity can occur.
- Hand sanitiser must be made available at each club.
- Archers and volunteers should always practice safe hygiene, including washing hands for at least 20 seconds before and after any archery activity.
- Sharing of archery equipment should be limited as much as possible.
  - Clubs must employ strategies to clean shared equipment between use  
[https://www.covid19.act.gov.au/\\_data/assets/pdf\\_file/0010/1554184/Fact-Sheet-WorkSafe-Cleaning-Checklist.pdf](https://www.covid19.act.gov.au/_data/assets/pdf_file/0010/1554184/Fact-Sheet-WorkSafe-Cleaning-Checklist.pdf)
- Every third shooting lane can be used. This must be communicated and be made visible at each club site.
- AACT events, interclub events and planned club events are postponed until further notice
- Club houses can open, but their use should be restricted to only enable recreational shooting to occur. Canteens should remain closed at this time. A strict cleaning regime should be outlined in the club's COVID Safety Plan
- **If a member should be diagnosed with COVID-19, we ask that they contact the relevant points of contact at each club they have attended in the past 14 days**

#### **AACT's nominated point of contact:**

- Adrian Excell, Secretary Archery ACT  
[secretary@archeryact.asn.au](mailto:secretary@archeryact.asn.au)

## 4: DETAILED GUIDANCE

These guidelines have been developed using the ACT Health, Archery Australia and Archery ACT guidelines. Their aim is to convey the key strategies under the current advice as they apply to archery in the ACT. The intent here is not to duplicate advice, but to provide tailored recommendations for our sport, which we believe, is consistent with the intent of the current information.

### 4.1. Hygiene

The advice from ACT Health is quite comprehensive for personal hygiene. The club has made use of posters available from ACT Health and placed around them around the club, at doorways, walkways, toilet and other visibly noticeable locations, as a constant reminder for members. The club has many common touch points, hand sanitiser and disinfectant has been made readily available for everyone to clean and sanitise touch points as they go.

Common touch points may include club entry points, target butt stores, target face stores, sign in books, etc. Suitable cleaning regimes shall be employed, to ensure high risk areas are cleaned regularly. Regular cleaning of common touch points will take place on a weekly basis by committee members, on a roster set out by the availability of each committee member.

This may limit the club running sessions, such that common touch points (locks, doors, buttons and target butts) can be cleaned before and after use; target faces are able to be taken home after use. The club will advise members that are feeling unwell, to stay away.

### 4.2. Physical Distancing

Only social outdoor archery for up to 2 hours is permitted, in groups of no more than 5 archers. Organised events, training or coaching are prohibited. Archers are required to maintain social distancing, regardless of the archery type. Clubs should only use every third shooting lane on their Target ranges, to ensure sufficient separation is provided between groups. Archers should take turns to pull their arrows to maintain physical distancing.

Club facilities may open, to allow shooting to occur. However, a get in get out, strategy should be employed.

The maximum capacity of the clubhouse is 2 people. The maximum capacity of the toilet and container is 1 person.

## 5: EVENTS AND GROUP ACTIVITIES

### Canberra CBR QR-Code App

The club has joined the ACT Government's COVID tracing QR-Code system. Information regarding signing in via the CBR-App will be posted at the club.

All members and visitors must 'sign-in'. (Note – this does not replace normal signing-in for members and shooting visitors). Visitors are not currently permitted, unless they are there as a carer.

### COME AND TRY IT

Come N Try programs are prohibited at this time.

### COACHING SESSIONS

Coaching is prohibited at this time.

### CLUB SHOOTS

Club shoots are prohibited at this time

### ARCHERY ACT EVENTS

Organised events and tournaments are postponed until further notice

### COMMITTEE MEETINGS

Committee meetings will be held as a need by need basis. Meetings will be held in an online forum.

## 6: COMMUNICATION

Weston Valley Archery Club will only provide advice to individual members that are relevant, via email, text or other suitable tool. This report will be made available on our website. Only urgent updates or changes will be conveyed by email to all members. Signage and posters will be placed around the club to help remind members of current regulations.

## 7: INCIDENT MANAGEMENT

The club will nominate Mark Newnham as the point of contact for a scenario when a member contracts COVID-19. Members will be instructed to contact the nominated point of contact as soon as possible, after their diagnosis. Once an incident occurs, the club will employ relevant cleaning and communication procedures, as described in this plan; and also close the club for a period of 14 days. The club will retain logs of member attendance for a minimum of 14 days. These logs should be used in the event of an incident to support contact reporting in conjunction with ACT Health. It is recommended that in the event of an incident, that all club members are notified about the outbreak, and the steps the club is taking to reopen. AACT will be notified of any incident as soon as possible, to ensure other clubs can be notified as required.

## 8: REVIEW AND MANAGEMENT

This document will be reviewed as a needs basis, to remain current with advice provided by ACT and Federal Government, as well as Archery Australia and Archery ACT guidelines.

## 9: ARCHERY AUSTRALIA GUIDELINES

For reference Archery Australia have provided their Guidelines.

Guidelines for Rebooting Archery into the community – based on Sport Australia Framework for Rebooting Sport		
Level A	Level B	Level C
<ul style="list-style-type: none"><li>• The responsibility lies with individual Archery Club and members to ensure that they are <b>fully aware of and compliant with their own State Government legislation, Federal Government Legislation and any RGB advice</b>,</li><li>• Only outdoor club activity can operate, no indoor archery activities are currently permitted.</li><li>• Hand sanitiser should be made available at each club.</li><li>• Archers should practice safe hygiene at all times, including washing hands for at least 20 seconds before and after any archery activity.</li><li>• State legislation on the maximum persons allowed at the archery club at any one time must be followed at all times.</li><li>• Archery equipment cannot be shared between archers.</li><li>• One Archer Per Lane – unless a family are shooting who live at the same address.</li><li>• It is recommended that only every second lane is opened/in use to help maintain social distances of 1.5m.</li><li>• No field archery is currently permitted unless in groups of one archer per target.</li><li>• No archery tournaments, QRE's or planned events are currently permitted (excluding online shooting competitions)</li></ul>	<ul style="list-style-type: none"><li>• The responsibility lies with individual Archery Club and members to ensure that they are <b>fully aware of and compliant with their own State Government legislation, Federal Government Legislation and any RGB advice</b>,</li><li>• Outdoor and Indoor club activity can operate</li><li>• Hand sanitiser should be made available at each club.</li><li>• Archers should practice safe hygiene at all times, including washing hands for at least 20 seconds before and after any archery activity.</li><li>• State legislation on the maximum persons allowed at the archery club at any one time must be followed at all times.</li><li>• Archery equipment cannot be shared between archers.</li><li>• Appropriate distancing between archers should be adhered to at all time</li><li>• Field archery is permitted provided social distancing and restrictions in number of participants are adhered to.</li><li>• No archery tournaments, QRE's or planned events are currently permitted (excluding online shooting competitions).</li><li>• Sport Australia have provided a practical resource for clubs that provide a roadmap for a safe return to club activities – <a href="#">Click Here</a></li></ul>	<ul style="list-style-type: none"><li>• The responsibility lies with individual Archery Club and members to ensure that they are <b>fully aware of and compliant with their own State Government legislation, Federal Government Legislation and any RGB advice</b>,</li><li>• Full training and competitions can resume</li><li>• Archers should practice safe hygiene at all times, including washing hands for at least 20 seconds before and after any archery activity</li><li>• Hand sanitiser should be made available at each club.</li></ul>

## 10: USEFUL RESOURCES

ACT Health: <https://www.covid19.act.gov.au/home>

ACT Health Posters: <https://www.covid19.act.gov.au/resources>

ACT Sport and Recreation: <https://www.sport.act.gov.au/>

Archery ACT: <http://archeryact.asn.au/policies-procedures>

Archery Australia plan for rebooting sport: <https://archery.org.au/state-by-state-gudielines-covid-19>

AIS Framework for rebooting sport:

<https://www.health.gov.au/sites/default/files/documents/2020/05/australian-institute-of-sport-aisframework-for-rebooting-sport-in-a-covid-19-environment.pdf>

Safe Work Australia: [https://www.safeworkaustralia.gov.au/covid-19-information-workplaces/industryinformation/general-industry-information/cleaning#heading--8--tab-toctdoes\\_every\\_surface\\_need\\_to\\_be\\_cleaned?](https://www.safeworkaustralia.gov.au/covid-19-information-workplaces/industryinformation/general-industry-information/cleaning#heading--8--tab-toctdoes_every_surface_need_to_be_cleaned?)

Safe Work Posters: <https://www.safeworkaustralia.gov.au/doc/signage-and-posters-covid-19>